



Tammy Sowell

November 29, 1982 - April 6, 2018

On Friday, April 6th, 2018 at Yale New Haven Hospital our Lord and Savior called Tammy to his Kingdom to be with Him.

Tammy Fashay Sowell (Belle) was born on November 29, 1982 in Bridgeport, CT, to the loving parents of Alaina (Belle) Hargrove and the late Tony Leonard Belle.

Tammy begin her formal education in Bridgeport Public Schools, graduating from Webster Elementary School, Blackham Middle School and Warren Harding High School Allied Health Program class of 2000.

Tammy's love for helping others didn't just begin in High School. As a young child growing up in a large family, Tammy was always known for her big heart and caring for others. Her mother, Alaina, vividly recalls stories of Tammy trying to save every animal and insect in her neighborhood. While her family was out and about playing tag and jump rope, everyone would always find her outside "taking care of friends".

Tammy was employed by Waterbury Hospital and Hewitt Health & Rehabilitation Center. She was currently pursuing her passion and taking classes at Housatonic Community College in hopes of one day of becoming a veterinarian. She was a freelance actress who stared in commercials and short films. She was also an entrepreneur who was working on an invention

called Liquid Heels. She was always jokingly telling her mother, once she accomplished her dreams, she would pay off her house.

Tammy's name was placed on the roll of the United House of Prayer for All People at infancy by her mother. While attending Bridgeport's House of Prayer, Tammy was active in the Youth Department and the annual Convocation Display.

Tammy lived life to the fullest! She was outgoing, bubbly, sweet and most importantly always positive. She was a woman born with style and class. She had a walk about her that made you stop and look at her in awe. She was a fashion diva who loved a good hat. The most important quality we all knew about her was her deep faith and love for God!

Tammy was loved by many and everyone that knew her can recall special moments they shared with her. Whether it was from her days being a cheerleader at Harding High School, or silly nicknames she had for family and friends or hearing her infectious laughter that sounded like Heaven. But we will always remember her for her hugs and how much she loved her family.

More than anything Tammy's greatest gift was becoming a mother. Her love for her two sons Jeremiah and Jasiah was so beautiful and strong. She taught her boys from a young age about the importance of prayer and having a relationship with God. She always pushed them to be their best and to never give up. She taught them to never let a day go by without thanking God and reading their Bible. Because her Gift of Life was so pure, when you see her boys, you will always see her spirit, her smile and more importantly her pure heart.

Tammy leaves to cherish her memory, her sons Jeremiah (12) Jasiah (7); her parents Alaina and Willard Hargrove; four sisters Tonisha, Shaneka

(Fernando), Tetrea (Karl) and Tonicca; two brothers Lamont (Kia) and Anthony (Juliet). Two Brothers in love, Michael and Will, Alicia. She had four nephews and four nieces. She had a special relationship with her niece Tyanna whom she affectionately referred to as her Moo-Moo. She leaves two loving Grandmothers, Eunice Sowell and Barbara Belle. She leaves behind a special friend Woody Whitaker. She was predeceased by her father Tony Leonard Belle. Tammy's family is humongous, she leaves a host of aunts, uncles, cousins and many friends to cherish her memory.

Previous Events

Calling Hours

APR 21. 10:00 AM - 12:00 PM (ET)

United House Of Prayer for All People
100 Dixwell Avenue
New Haven, CT

Service

APR 21. 12:00 PM (ET)

United House Of Prayer for All People
100 Dixwell Avenue
New Haven, CT

Burial

APR 23. 11:00 AM (ET)

Park Cemetery
620 Lindley St.
Bridgeport, CT 06606

Tribute Wall



“ *Tammy Sowell*

October 09, 2023 at 06:14 AM



“ *I worked with Tammy at Hewitt. I'm just finding out about her passing. I'm stunned and so devastated. I've been a nurse for 27 years and I've never worked with a CNA like Tammy. EVER!!!! She had an amazing light & joy which is so rare. I will pray for Tammy, her babies and her entire family every day. She will forever live in my heart. Hugs and peace*

Kenya Yopp

Kenya Yopp - July 11, 2018 at 11:45 PM



“ *Dianalyn Lanham Henry lit a candle in memory of Tammy Sowell*



Dianalyn Lanham Henry - April 23, 2018 at 06:57 PM



“ *Tammey's friends from Hewitt .Hearty condolence to sowell's family. Tammy was a beautiful vibrant young women who trying to live her life, why God call her back ,it is unknown.Tammy was very kind, Loved her residents.Loved her friends,she came whenever we needed her.In any given situations she performed beyond & above.Tammy we Love you !!! We miss youGod Bless .*

RBanykutty - April 21, 2018 at 11:44 AM

J(

“ Our deepest condolences to the Sowell/Bell family. You all are in my prayers. Tammy was like my sister. We laughed, cried and had fun together. My heart broke to hear that she is gone but I found joy to know that she is with our Heavenly Father. Her contagious smile will always have a stamp in my heart. Our memories together will never be forgotten. She had a wonderful heart and good spirit. She was really loved and I miss her. I wish I could hear her voice one more time but I won't say good bye but till we meet again.



Jody Flowers (Carnegie) - April 19, 2018 at 11:54 AM

MO

“ Monica lit a candle in memory of Tammy Sowell



Monica - April 18, 2018 at 03:07 PM

BC

My niece. I will never forget her. She had do much love for family. Ppl and the most for serving God. My baby. No more pain, hurt Love Aunt Benita 💕💕

Benita Cook - March 07, 2020 at 08:39 PM