



## Allen Freeman

August 21, 1987 - November 6, 2020

Allen Leeshawn “Shawny Roc” Freeman 33, of Middletown CT. entered this world on August 21, 1987 and transitioned from this life to life eternal on November 6, 2020. Born in Middletown CT. Shawny had a smile that brightened even the darkest of rooms. His infectious laugh caught the attention of all who crossed his path. He dressed straight out of GQ magazine, was a sneaker fanatic and was also lovingly know as “AGGY”. Shawny was a protector, a giver, a generous soul. Shawny was a proud uncle, godfather and big cousin to the children in the family whom he loved to chase, flip over and online game with.

In his 33 years of life Shawny earned his high school diploma, excelled in his education, sports and many other areas of his personal and professional life. Shawny was definitely a force to be reckoned with.

Besides his mother, Christine White and father, Allen M. Freeman Sr. Shawny is survived by his stepfather Norman S. Bendolph, his aunt/mom Janice M. Holley and uncle/father Stewart Holley. Six brothers Norman S. Bendolph Jr., Kirel Cherry, Korey Speller, Sharon Ellison, Trevon Freeman and Brendan Bartell. Four sisters Samantha R. Bendolph, Tacasha Ellison, Alshala Freeman and Tanya L. Dedrick. Special cousin/sister Leondra White and two grandmothers Lessie B. White and Mary Freeman. He leaves precious and treasured memories to a host of aunts, uncles, cousins, several nieces and

nephews. A goddaughter, godmother, godfather, godsister's, a godbrother and other family/friends that span from the CT area to state's far and near.

He was predeceased by his grandfather Leon White Sr.

Anyone that knew Shawny and was touched by his life will remember him and the legacy he left for us all.

# Previous Events

## Viewing

NOV 13. 10:00 AM - 12:00 PM (ET)

Coughlin-Lastrina Funeral Home  
491 High Street  
Middletown, CT 06457

## Burial

NOV 13 (ET)

Pine Grove Cemetery  
Middletown, CT

# Tribute Wall



“ *Allen Freeman*

October 09, 2023 at 06:14 AM



“ *My deepest condolences to the White n Freeman on the loss of their son Shawny. My prayers and hugs go out to all of you. Sharon (Mema) Slossberg*

**sharon slossberg** - November 13, 2020 at 10:14 PM



“ *My Prayers of strength and comfort go out to the family. I ask GOD to keep a hedge of protection around this family.*



**Deborah Johnson** - November 13, 2020 at 07:41 PM



“ *We met Shawny at 4 y.o. ...So sorry to hear this! Last time saw him was in 2015....did not know him well....but...God bless the White Family! Janice and Stewart .....🙏🙏🙏🙏 Looked out for him...Always*

**Tina Goodwyn** - November 13, 2020 at 07:18 PM

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“ My deepest condolences to both The White and Freeman family. Shawny will truly be missed. His smile, compassion and love for others will forever be remembered embedded in our hearts and minds. A cousin, brother and friend to all. A Young King that left his mark in the lives of many. We all are here hoping that we can live our lives to the best of our abilities and touch lives as we walk through this journey we call life. Yet we know not when our book of life ends. We can only hope that each chapter we live is to the best of our abilities. That fond memories are etched in our history books. And we live on through those we have loved, taught, met and touched through our journey. We can only hope that as Shawny looks down on all who know him they push on and do not fall for he has given them great hope when living that it give them strength and encouragement when gone. And the road a head is not easy but I pray that with each passing day the wind that blows you know he is near and you push on. That with each rainbow or sunny day you think of his smile and you envision his face and you push on. Make him proud let him continue to smile in the after life as he did when here on earth. You will be missed Shawny. But we can only hope your living days will never be in vain because Your legacy of hope , happiness and dedication will live on in all who know you. Fly High Young KiNg 🙏🏾. My prayers are with you all.



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The Leary Family (Ty) - November 13, 2020 at 10:27 AM

JR

*Ty, what an absolutely, beautiful, unmatched tribute to Shawny. Although my own personal stories (memories) of him feel small by comparison to so many others, almost immediately, upon his passing, I was once again reminded, as we all should try to be daily, that one day, it's all the little things that will become the big things. The loss of Shawny has left a lot of hearts to heal. But, he also left countless people with their own, beyond special, memories. We all get to keep them for life. I think for a long while, sunny days will remind me of Shawny's smile and caring soul.*

*Rest ever so well Shawny, in everlasting peace.*

*Jackie  
Aunt-in-law*

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**Jacqueline D. Raynor-White** - November 14, 2020 at 09:01 AM

SL

“ *Sending my Prayers and condolences to the family. Love Aunt Sheila*

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**Sheila Leary** - November 13, 2020 at 01:05 AM



“ *Rest on cousin*



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**Crystal Reid** - November 12, 2020 at 07:57 PM



“ *Divine Peace Bouquet was purchased for the family of Allen Freeman.*



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November 11, 2020 at 06:38 PM

TF

“ *The Overton family*

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**The Overton family** - November 11, 2020 at 02:53 PM

TF

“ *Sending our Condolences to the White Family and Freeman Family.  
May God comfort you all during this time of sorrow.*

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**The Overton family** - November 11, 2020 at 02:52 PM

DH

“ *R.I.P.*



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**Devon Hemphill** - November 10, 2020 at 06:24 PM

AB

“ *My Condolences to the White and Freeman family. May God  
comfort you all during this time of sorrow.*

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**Adrienne Bostick** - November 10, 2020 at 04:03 PM